

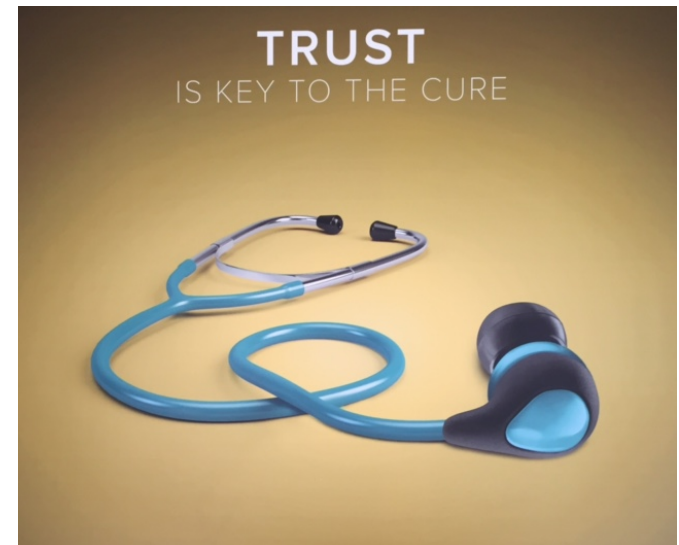
HOPE 2016 on Malta

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- Manager Silvana Sonc (Slovenia)



Malta's focus areas

- Rehabilitation and elderly strategies
- Primary health care projects
- Lifestyle changes
- Mental Health awareness
- Leadership and management



Rehabilitation

- Public Private Partnership
 - private investment in hospitals and rehabilitation
 - upgrade and improve the facilities
- Focus on patients with functional disabilities



Strategies for the Elderly

- Relevant projects in the community
 - Active Ageing - organise activities and events
 - Telecare. 24/7 connection with the Call Center
 - Meals on Wheels
 - Handyman service
 - Night Shelters

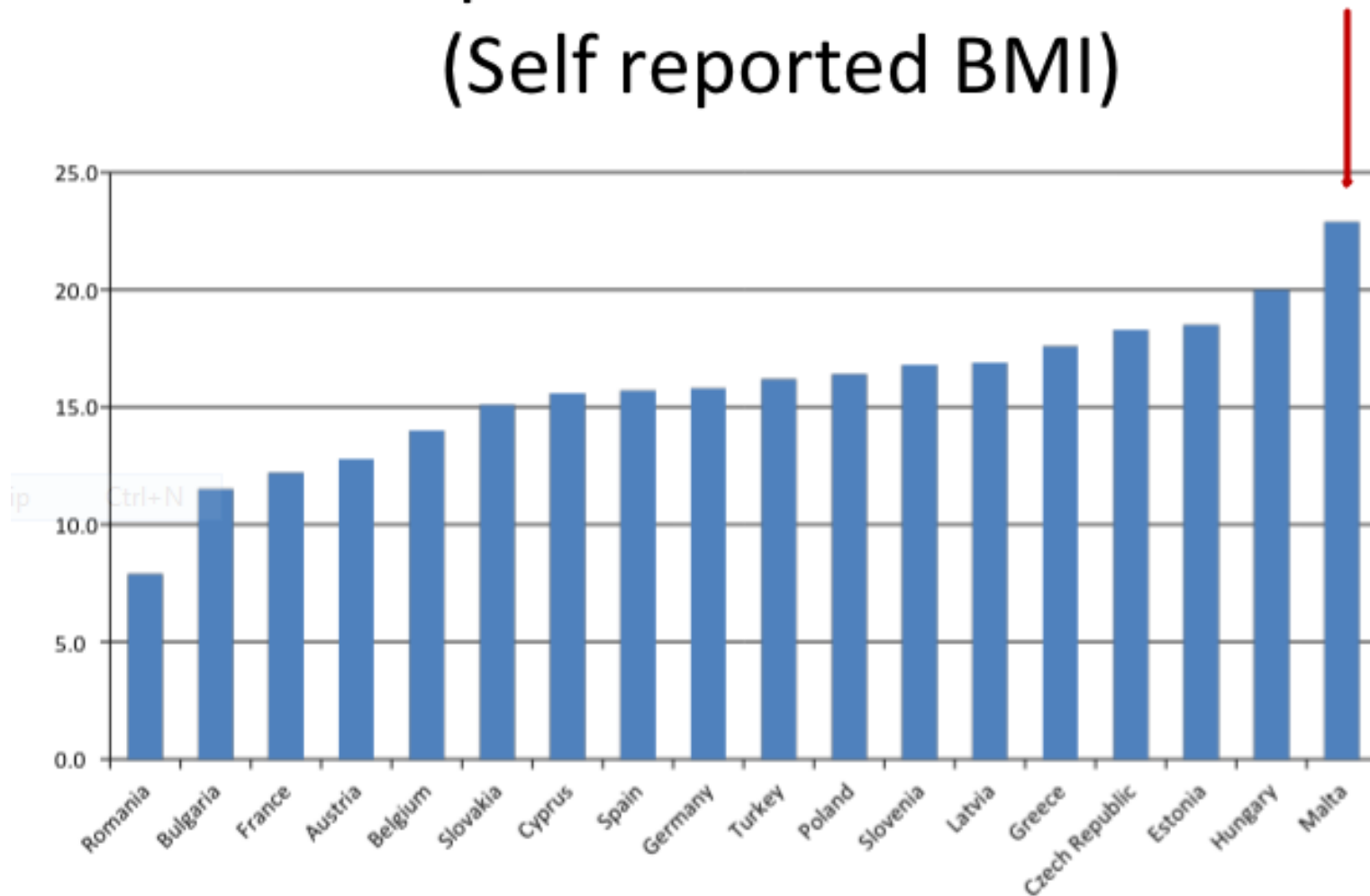


Primary Health Care projects

- Lifestyle clinics
 - alcohol, smoking, weight loss etc.
- Proactive approach
 - individual self care and health awareness



% of persons who are obese (Self reported BMI)



European Health Interview Survey 2008
EUROSTAT Last updated 2014 accessed 20/11/15

Clinic for Eating Disorders



Obesity is a mental state

- Address the causes related to eating habits
- Provide support and holistic treatment
- Promote healthy lifestyle and coping strategies
- Raise the level of understanding obesity and encourage prevention



The Mental Health Act 2012

- Acknowledge mental disorders as any other illness
- Reduce hospital stay
- Social inclusion
- New models of care
- Equal rights and equal treatment

Leadership and Management

- Budgets and demands require new strategies
- Major adjustments and transitions takes time
- Understand and work with the culture
- Invest time and effort in cooperation and staff supervision



The Way Forward

- Make the projects "sexy"
- Maintain a proactive and individual approach
- Strong and visual management

