

INNOVATION IN HEALTHCARE THE NETHERLANDS

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Contents

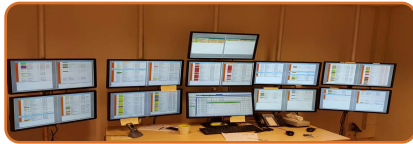
- Information Technology (IT)
 - Telemedicine
- Value Based Healthcare
 - Personalising Health
 - Multidisciplinary Care



IT in the Netherlands



Patient portals



Dynamic planning tools



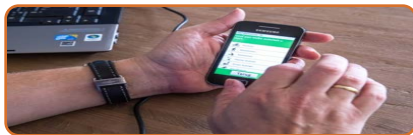
Electronic patient registration



Patient flow management



Bedside medication systems



Telemedicine



Telemonitoring for Cardiac Patients

- Evidence based cardiac rehabilitation
- Motivational interviewing
- Telemonitoring



The Cardiac Rehab Telemonitoring Process



Benefits of Telemonitoring

- Use technology to increase patient commitment
- Real time patient information to meet goals
- Continuous modification of exercise programme
- Motivated patient supported by motivated nurse
- Reduced need for hospital visits for patients
- Reduced demands on hospital resources



Value Based Healthcare

$$\frac{\text{Outcomes that matter for patients}}{\text{Cost of achieving the outcomes}} = \text{VALUE}$$

- A new model for planning, delivering and paying for healthcare
- Shift from volume to value
- Begins before treatment and may continue until end of life - full circle of care



Value Based Healthcare

Personalising care

- Patient councils
- Food concept 24/7 e.g. cancer patients
- Patient-group related specific assessment and treatment - geriatric



Value Based Healthcare

Emphasising Multidisciplinary Care

Holistic rehabilitation programme - anticipating all social, work, physical and psychological impacts for patients through multidisciplinary meetings even before the beginning of treatments



What will we take back to our countries?

- The use of technology is pivotal to empowering patients and improving outcomes
- Value should be determined from the patient's perspective
- Improving services for patients will improve the efficiency of the hospital





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